



## Chapter 6:25-34

- Matt. 6:25 “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?
- Matt. 6:26 Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?
- Matt. 6:27 Which of you by worrying can add one cubit to his stature?
- Matt. 6:28 “So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin;
- Matt. 6:29 and yet I say to you that even Solomon in all his glory was not arrayed like one of these.
- Matt. 6:30 Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?
- Matt. 6:31 “Therefore do not worry, saying, “What shall we eat?’ or “What shall we drink?’ or ‘What shall we wear?’
- Matt. 6:32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.
- Matt. 6:33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you.
- Matt. 6:34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

## **Observations & Discussion**

1. Why do you think Jesus followed up His instructions in verses 19-24 with a teaching on the subject of worry?
2. Read 2Thess. 3:10 – how do you reconcile Paul’s exhortation to Christians with Jesus’ instructions in our text in Matthew?
3. What is the base emotion that produces worry? Now check out 1John 4:18. What does this teach you about your relationship to God?
4. Give examples of how you are personally seeking first the Kingdom of God:
5. In your opinion what is the most important truth Jesus wants you to learn from this text?
6. After reading & discussing the scripture this evening what question(s) would you like to ask of the group?