

# SPIRITUAL DISCIPLINES

## PRAYER





# BE READY

2 TIMOTHY 4:2a, 5

Preach the word! **Be ready in season and out of season... [v5]...you be watchful in all things, endure afflictions, do the work of an evangelist, fulfill your ministry.**



**“By [spiritual disciplines] we place  
ourselves before God for Him to  
work in us”**



JOHN WESLEY

**"[Prayer is truly] the most useful of all  
pastimes"**



**GUY KING**

FROM “PRAYER SECRETS”

“Prayer is usually to be thought of as  
being **to** the Father, **by** the Spirit,  
**through** the Son”



# THE PRIVILEGE

PHILIPPIANS 4:19

And my God shall supply all your  
need according to His riches in glory  
by Christ Jesus.



# WHEN TO PRAY

1 THESSALONIANS 5:17

**Pray without ceasing**



# WHEN TO PRAY

## NEHEMIAH 2:4-5

Then the king said to me, “What do you request?”  
So I prayed to the God of heaven. And I said to the king,  
“If it pleases the king, and if your servant has found  
favor in your sight, I ask that you send me to Judah, to  
the city of my fathers’ tombs, that I may rebuild it.” -Neh  
2:4-5



# WHEN TO PRAY

1 SAMUEL 1:10-11

"And she was in bitterness of soul, and prayed to the Lord and wept in anguish. Then she made a vow and said, 'O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the Lord all the days of his life...'"



# WHEN TO PRAY

1 SAMUEL 1:13-14

And it happened, as she continued praying before the Lord, that Eli [the priest] watched her mouth. Now Hannah spoke in her heart; only her lips moved, but her voice was not heard. Therefore Eli thought she was drunk. So Eli said to her, 'How long will you be drunk?...'”



# INTERCESSION

PHILEMON 1:4

"making mention of you always in my  
prayers"



# PAUL'S PRAYER

## EPHESIANS 1:15-20a

I... **do not cease** to give thanks for you, making mention of you in my prayers: that the God of our Lord Jesus Christ, the Father of glory, ***may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe,*** according to the working of His mighty power which He worked in Christ when...



# THE MODEL PRAYER

MATTHEW 6:9-13

"Our Father in  
heaven,



# THE MODEL PRAYER

MATTHEW 6:9-13

**Hallowed be Your name.**



# THE MODEL PRAYER

MATTHEW 6:9-13

Your kingdom come.

Your will be done

On earth as it is in heaven.



# THE MODEL PRAYER

MATTHEW 6:9-13

**Give us this day our daily bread.**



# THE MODEL PRAYER

MATTHEW 6:9-13

And forgive us our debts,  
As we forgive our debtors.



# THE MODEL PRAYER

MATTHEW 6:9-13

And do not lead us into temptation,  
But deliver us from the evil one.



# THE MODEL PRAYER

## ON TEMPTATION

to pray “don’t let me near temptation today” shows a “healthy distrust in our own ability to resist temptations”



# THE MODEL PRAYER

MATTHEW 6:9-13

For Yours is the kingdom and the  
power and the glory forever. Amen."



# THE MODEL PRAYER

MATTHEW 6:9-13

For Yours is the kingdom and the  
power and the glory forever. Amen."



# PRAYER WORKS

## JAMES 5:16b-18

The **effective**, fervent prayer of a righteous man **avails much**. Elijah was a man **with a nature like ours**, and he **prayed earnestly** that it would not rain; and it did not rain on the land for three years and six months. **And he prayed again**, and the heaven gave rain, and the earth produced its fruit.