

# SPIRITUAL DISCIPLINES

## DEVO LIFE



# EARLY DISCIPLINE

Mark 1:35

And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.



# A DEVO IS NOT:

- Just a “Box to Check”
- 
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- Just a “Box to Check”
- Just reading the Bible
-



# A DEVO IS NOT:

- Just a “Box to Check”
- Just reading the Bible
- A Chore

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DEVO LIFE





# EARLY DISCIPLINE

Mark 1:35

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# DEVO LIFE

If Jesus saw it necessary and **worthy** of His time and discomfort to rise early to spend time with the Father, how much more should we be willing to **sacrifice to spend time with Him.**



# SPIRITUAL NEED

Matthew 4:4

But He answered, “it is written, ‘*Man shall not live by bread alone, but by every word that comes from the mouth of God.*’”

# EARLY DISCIPLINE

Psalm 119:146-148

I call to you; save me, that I may observe  
your testimonies. I **rise before dawn** and cry  
for help; I **hope in your words**. My eyes are  
**awake before the watches of the night,**  
**that I may meditate on your promise.**



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# **PRESENT YOUR LIFE**

## Romans 12:1-2

I appeal to you therefore, brothers, by the mercies of God, to **present your bodies as a living sacrifice, holy and acceptable to God, which is your logical act of worship.** Do not be conformed to this world, but be **transformed by the renewal of your mind,** that by testing you may **discern what is the will of God,** what is good and acceptable and perfect.



# WHY DO A DEVO?

- Intentional time **strengthens our relationship** with God.

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# EARLY DISCIPLINE

Psalm 119:9

How can a young man **keep his way  
pure?**

By guarding it **according to your  
word.**



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- It sets our minds on Him to acknowledge and represent Him **throughout the day.**



# ETERNAL PERSPECTIVE

Colossians 3:2

Set your minds on things that are  
above, not on things that are on  
earth.

# ETERNAL PERSPECTIVE

Matthew 6:33

seek first the kingdom of God and  
His righteousness, and all these  
things will be added to you.



# AN ADVENTUROUS PRAYER

“Lord, I invite you to interrupt  
my plans today if it will bring  
you more glory.”

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# DEVO CONSISTS OF:

- Prayer
- Reading from His word
- Meditation on a thought/theme
- Finding a takeaway

# SPIRITUAL DISCIPLINES

DEVO LIFE





# WHAT SHOULD I PRAY ABOUT?

- Confession

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- Confession
- Worship and thanksgiving
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# WHAT SHOULD I PRAY ABOUT?

- Confession
- Worship and thanksgiving
- List of names and requests

# DEVO SHOULD BE

- Intentional
- Consistent
- Flexible



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